

## DAFTAR PUSTAKA

- Abdullah, S., Sameer, S.A., Dil-Afroze, Syeed, N., Das, B.C. dan Siddiqi, M.A. (2010). *p53-the molecular guardian crashes in gastric adenocarcinomas - a study in an ethnic kashmiri population*, *JCM*, 1(106): 2157-2518.
- Aruna V., Sarma A. V., Wei J. T. (2014). *Benign Prostate Hyperplasia and lower Urinary Tract Symptom*. *The New England Journal of Medicine* 2A09, Vol.9.
- Barry MJ, Fowler FJ, O'Leary MP, et al. (2017). *The American Urological Association Symptom Index for Benign Prostatic Hyperplasia*. *J Urol*. 148: 1549. DOI:10.1016/j.juro.2016.10.071
- Black, J.M. & Hawks, J.H. (2014). *Keperawatan Medikal Bedah, Diterjemahkan dari Bahasa Inggris oleh Rizal A.N., Yudhistira, Shanti C.E.* PT Salemba Emban Patria, Indonesia. 8(1):243, 441- 456.
- Brunner & Suddart. (2013). *Keperawatan Medikal Bedah Edisi 12*. Jakarta EGC.
- Darmojo & Martono. (2009). *Buku Ajar Geriatri: Ilmu Kesehatan Usia Lanjut Edisi Ketiga*. Jakarta: FK-UI
- DiPiro J.T., Wells B.G., Schwinghammer T.L. and DiPiro C. V. (2015). *Pharmacotherapy Handbook, Ninth Edit., McGraw-Hill Education Companies, Inggris*.
- DSilva KA, Dahm P, Wong CL. (2014). *Does this man with lower urinary tract symptoms have bladder outlet obstruction?: The Rational Clinical Examination: a systematic review*. doi:10.1001/jama.2014.5555.
- Gravas S, Bachmann A, Descazeaud A, et al. (2014). *Guidelines on the Management of Non--Neurogenic Male Lower Urinary Tract Symptoms (LUTS), incl. Benign Prostatic Obstruction (BPO)*. *European Association of Urolog*.
- Gray, M. (2014). *Prospectives in Men's Health: BPH and Prostate Cancer. Program and abstracts of the National Conference of Nurse Practitioners; November 4-7, 2002 Session 296, Tennessee; Nashville*. ¶ 10 (<http://www.medscape.com/viewarticle/447174> diakses tanggal 01 Maret 2009 pkl.22.19 WIB).
- Haryono Rudi. (2013). *Keperawatan Medikal Bedah. (sistem Perkemihan) Edisi1*. Yogyakarta. Rapha Publishing.
- Hoo K, Ayob MA, Mohamad Salim MR, Abduljabbar HN, Supriyanto E. (2012). *Prostat volume measurement using transabdominal ultrasound scanning*. *Internat J Biol Biomed Enginereing*.
- Jitowiyono, sugeng & Kristiyanasari weni. (2012). *Asuhan Keperawatan Post Operasi*, Yogyakarta: Nuha Medika.

- Kashanian, M., Ali, S. S., Nazemi, M., Bahasdri. (2011). *European Journal Of Obsetric & Gynecology and Reproductive Biology Evaluation of the effect of pelvic floor muscle training (PMFT or Kegel Exercise) and assisted pelvic floor muscle training (APFMT) by a resistance device (Kegelmaster device) on u. 159, pp. 218-223. Doi:10.1016/j.ejogrb.2011.06.037.*
- Kapoor R., Muruganandham K., Dubey D. (2012). *Acute urinary retention in benign prostatic hyperplasia; risk factors and current management. Indian J Urol. 23: 347-53.*
- Kegel, A. (2010). *Do the kegel. Archived from the original on 26 oktober 2010. Retrieved 06 November 2017.*
- Kemenkes Ri. (2017). *Riset Kesehatan Dasar; RISKESDAS. Jakarta: Balitbang Kemenkes Ri*
- Lesmana, R. (2015). *Prostate Specific Antigen Serum yang Tinggi Merupakan Faktor Risiko Terjadinya Inflamasi Prostat Sedang-berat Pada Pasien Benign Prostatic Hyperplasia di Rumah Sakit Umum Pusat Sanglah. Repository Universitas Udayana.*
- Madji & Irawaty. (2011). *Penurunan Keluhan Dribbling Pada Pasien TURP Melalui Kegel Exercise.*
- Mc Vary, et al., (2010). *Guidline: Management of Benign Prostatic Hyperplasia (BPH). San fransisco: American Urological Association Education and Research, Inc 2010.*
- Muttaqin, Arif dan Kumala Sari. (2012). *Asuhan Keperawatan Gangguan Sistem Perkemihan. Jakarta: Salemba Medika*
- Moore K. L, and Agur A. M. R. (2013). *Anatomi Klinis Dasar. Jakarta: Hipokrates, p:165.*
- Mochtar CA et.al. (2015). *Panduan Penatalaksanaan Klinis Pembesaran Prostat Jinak (Benign Prostatic Hyperplasia/BPH). edisi ke-2. Ikatan Ahli Urologi Indonesia.*
- Moore KL, Dalley AF, Agur AMR, Moore ME. (2013). *Anatomi berorientasi klinis Edisi ke-5. Jakarta: Erlangga.*
- Nanda. (2018). *Diagnosis Keperawatan Definisi & Klasifikasi (2018-2020) Edisi 11. Jakarta: EGC*
- Nurdiansyah, Nia. (2011). *Buku Pintar Ibu dan Bayi. Jakarta*
- Nursalam dan B, Fransisca. (2009). *Asuhan Keperawatan pada pasien dengan gangguan sistem perkemihan. Jakarta: Salemba Medika.*
- Oelke, M & Berges, R. (2011). *Age-stratified normal values for prostate volume, PSA, maximum urinary flow rate, IPSS, and other LUTS/BPH indicators*

*in the German male community-dwelling population aged 50 years or older.*

- Pintarelli VL, Gomes LF, Lorenzetti F, Neto JT, Dambros M. (2011). *Elderly men's quality of life and lower urinary tract symptoms: an intricate relationship.* BJU Int.
- Please, C. (2017). *Kegel Exercise For Men What I Learn By Reading This Booklet.*
- Prabowo E & Pranata E, (2014). *Buku Ajar Asuhan Keperawatan Sistem Perkemihan.* Yogyakarta. Nuha Medika
- Prasetyawan W, Sumardi R. (2013). *Korelasi antara volume residu urine dan adanya obstruksi pada penderita dengan simtom BPH dengan menggunakan pressure flow study.*
- Presti, JC. et.al (2012). *Dasar-Dasar Urologi Edisi 2.* Jakarta.
- Price et.al. (2010). *Pelvic Floor Exercise For Urinary Incontinence Urine.* 67:309-315.
- Purnomo BB. (2012). *Buku kuliah dasar–dasar urologi.* Jakarta: CV Infomedika.
- Sjamsuhidajat R. Dkk (2012). *Buku Ajar Ilmu Bedah. Edisi 3.* Jakarta : EGC
- Skinder, D., Zacharia, I., Studin, J., and Covino, J. (2016). *Benign Prostatic Hyperplasia: A Clinical Review Vol. 29 No. 8.* DOI: 10.1097/01.JAA.0000488689.58176.0a
- Smeltzer, S.C., & Bare, B. G., (2009), *Buku ajar Keperawatan Medikal Bedah.* Brunner & Suddarth, Editor Suzane, C.S., Brenda, G. B., Edisi 8, Jakarta: EGC.
- Sweetman, S.C. (2009). *Martindale The Complete Drug Reference, Thirty Sixth Edition, Pharmaceutical Press.* New York
- Rizki, Amalia. (2010). *Faktor-Faktor Risiko Terjadinya Pembesaran Prostat Jinak. Studi kasus di RS dr. Kariadi, RS Roemani dan RSI Sultan Agung Semarang.* Tesis. Semarang: Universitas Diponegoro
- Toi, A. (2011). *The Prostate.* In Rumack, CM. Wilson, SR. Charboneau, JW. Levine, D. (ed): *Diagnostic Ultrasound 4th Edition Eds.* Mosby Elsevier. 313-328.
- Wenying, W., Yuwen, G., Daoxin, Z., Ye, T., & Xiaonan, Z. (2015). *The prevalence of benign prostatic hyperplasia in mainland China: evidence from epidemiological surveys.*
- WHO. (2015). *Indonesia.* Diambil kembali dari World Health Organization: <http://www.who.int/countries/idn/en/>

Wijanarko S, Gardjito W, Hardjowijoti S, et al. (2013) studi analitik pengaruh pemasangan kateter terhadap kadar antigen spesifik prostat dalam darah pada pasien hiperplasia prostat jinak dengan retensi urine.

Widianti, A.T et.al. (2010). *Senam Kesehatan*. Yogyakarta: Nuha Medika.

Wijaya, A.S & Putri, Y.M. (2013). *Keperawatan Medikal Bedah 2, Keperawatan Dewasa Teori dan Contoh Askep*. Yogyakarta : Nuha Medika

Wei JT, Calhoun E, Jacobsen SJ. (2010). *Urologic diseases in America project: benign prostatic hyperplasia*. 1256-61.  
DOI:10.1097/01.ju.0000155709.37840.fe